

Le Coucou
Méribel
Spa Tata Harper

464 route du Belvédère, 75 550 LES ALLUES
+ 33 4 57 58 37 37
spa@lecoucoumeribel.com
From your room, dial 46



Body massages

DEEP TISSUE 60 min €195 90 min €290
A massage technique designed to release deep-seated muscle tension. Using slow, targeted pressure, it improves mobility and promotes recovery.

SCULPTING 60 min €195 90 min €290
A massage technique that combines toning movements and targeted pressure. This treatment stimulates blood and lymph circulation, helping to reduce the appearance of cellulite and tone tissues.

CUSTOMIZED 60 min €195 90 min €290
Fully personalized care, adapted to each person's specific needs. We combine different massage techniques, adjusting the pressure and areas worked on according to the client's tension, pain or preference.



New: LE COUCOU EXPERIENCE

Created by the teams, the Le Coucou Experience is the signature massage this year. Bringing together different massage techniques from around the world, this treatment helps you recharge your batteries and regain vitality during your vacation. Thanks to the facial section and the Tata Harper product range, your skin will regain its luminosity. A truly holistic experience in our high-altitude cocoon.

90 min €290

Talm

This year, Le Coucou wanted to put the spotlight on the mums-to-be by teaming up with the Talm brand.

Talm is a responsible skincare range that supports women before, during and after pregnancy with a strong conviction: “to combine safety and efficacy in beautiful products that do us good”.



PRE NATAL MASSAGE X TALM 60 min €195

This massage uses gentle, tailored techniques to avoid pressure on the stomach, while targeting specific areas such as the back, legs and feet. Talm products are used for a relaxing interlude.

POST NATAL MASSAGE X TALM 60 min €195

This massage uses techniques adapted to the specific needs of the post-partum body, taking into account physical and hormonal changes. The use of Talm products helps to restore skin elasticity and relieve the tensions associated with breastfeeding and resuming activity.

Moment together

PARENT-CHILD DUO

30 min €200

A moment of well-being shared between parent and child, designed to strengthen the emotional bond while offering relaxation. It can include gentle massages, facials or manicures. The techniques are adapted to be safe and pleasant for toddlers. The parent can reconnect with their child while enjoying a moment of relaxation together.



General informations

CANCELLATION POLICY

All cancellations or changes to treatments must be made at least 24 hours in advance, otherwise the full cost of the treatment will be charged.

For bookings made less than 24 hours in advance, the full cost of the treatment will be charged at the time of booking and will not be refunded in the event of absence or cancellation.

All reservations must be guaranteed by payment in advance.

RESERVATION

The Spa is open daily from 10am to 8pm in season. Treatments are available to non-residents.

To make the most of your experience, we recommend that you arrive at the Spa reception desk a few minutes before your appointment time.

Please note that late arrivals will result in a reduction in the duration of your treatment in order to honor subsequent bookings.

Please note that additional fees will be charged outside opening hours.

DRESS

For your well-being, you will be provided with towels, a bathrobe and slippers. To access the fitness room, you'll need to wear suitable sports clothing and footwear.

GIFT

Gift invitations are on sale at the Spa, but are unfortunately non-refundable. They are valid exclusively during the season. .